

# Oakland Feather River Camp - Sample Family Camp Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:30	  Welcome to Camp!	Gentle Yoga	Polar Bear Swim	Gentle Yoga	Polar Bear Swim	Gentle Yoga		
8:30-9:15		Breakfast						
9:30-10:45		<b>Tot Lot:</b> Finger Painting  <b>Arts &amp; Crafts:</b> Ceramic Painting Watercolor Painting Bead Jewelry  <b>Sports &amp; Games:</b> Archery Basketball Games Foosball Tournament  <b>Nature:</b> Bird Hike  <b>Adult/Teen:</b> Beadwork  <b>Other:</b> Spa Day	<b>Tot Lot:</b> Magic Wands  <b>Arts &amp; Crafts:</b> Ceramic Painting Friendship Bracelets Leaf Printing  <b>Sports &amp; Games:</b> Archery Capture the Flag Water Games  <b>Nature:</b> Meditation  <b>Adult/Teen:</b> Tin Punching  <b>Other:</b> Fort Building	<b>Tot Lot:</b> Rock Painting  <b>Arts &amp; Crafts:</b> Ceramic Painting Collaging Flip Books  <b>Sports &amp; Games:</b> Archery Scavenger Hunt Volleyball  <b>Nature:</b> Nature Poetry  <b>Adult/Teen:</b> Journal Making  <b>Other:</b> Paper Plane Contest	<b>Tot Lot:</b> Bubble Party  <b>Arts &amp; Crafts:</b> Ceramic Painting Nature Chimes Lanyards  <b>Sports &amp; Games:</b> Archery Kickball Tag Games  <b>Nature:</b> Long Hike  <b>Adult/Teen:</b> Sun Printing  <b>Other:</b> Boat Building	<b>Tot Lot:</b> Puppets  <b>Arts &amp; Crafts:</b> Ceramic Painting Pet Rocks Fairy Houses  <b>Sports &amp; Games:</b> Archery Improv Games Ultimate Frisbee  <b>Nature:</b> Creek Stomping  <b>Adult/Teen:</b> Decoupage  <b>Other:</b> Camp Songs & Skits	Pack up  Say goodbye to your new friends  Pick up crafts  Visit the store	
11:00-12:15								
12:30-1:15		Lunch						
2:00-5:30		Free Choice Family Time! Explore or relax on your own - swimming in our lifeguarded swimming hole, tubing, hiking, biking, visit town, massage, horseback riding, napping, visit the store, reading, art projects, and more! Drop in on some afternoon activity offerings as well!						
2:00-3:30			Waterfront Loteria Open Tot Lot Tie Dye	Waterfront Karaoke Open Tot Lot Tie Dye	Waterfront Trivia Open Tot Lot Tie Dye	Waterfront Disco Bingo Open Tot Lot Tie Dye		Waterfront Karaoke Open Tot Lot Tie Dye
3:30-5:30		Waterfront	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	
6:00-6:45		Dinner						
7:15-8:30		Capture the Flag	Line Dancing	Field Games Evening Tot Lot	Ping Pong Tournament	Talent Show	Field Games Evening Tot Lot	
8:00-10:00	Games & Puzzles	Games & Puzzles	Games & Puzzles	Games & Puzzles	Games & Puzzles	Games & Puzzles		
8:30-10:00	Telescope Time	Night Swim	Night Hike	Telescope Time	Night Hike	Night Swim		
10:30	Quiet Hours: 10:30 pm - 7:30 am							

**PLEASE NOTE THAT THIS IS JUST A SAMPLE SCHEDULE! ACTIVITY OFFERINGS CHANGE FROM WEEK TO WEEK.**

We offer activities for every member of your family! These are grouped in the general categories below. Each morning, we have two sessions (9:30 & 11) of fun filled festivities for you to choose from.

**Tot Lot:** Time for our youngest campers, ages 2-5, to gather for special, age appropriate activities

**Arts & Crafts:** Get your hands dirty, learn a new skill, and create something beautiful

**Archery:** Take a deep breath, aim, and send that arrow flying towards the target

**Sports & Games:** Come together with your new friends, develop teamwork, and play a game

**Nature:** Immerse yourself in your natural surroundings; Take a hike, learn about the animals, create a poem

**Adult/Teen:** Activities designed intentionally for older campers, ages 13 and up

**Weekly Theme:** In addition to the above activities, we also have amazing activities based on our weekly theme! Visit our website to learn more about our theme weeks, which are an important part of OFRC's culture and history.