	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30		Gentle Yoga	Polar Bear Swim	Gentle Yoga	Polar Bear Swim	Gentle Yoga	
8:30-9:15		Breakfast					
		Tot Lot : Finger Painting	Tot Lot : Magic Wands	Tot Lot : Rock Painting	Tot Lot : Bubble Party	Tot Lot : Puppets	
9:30-10:45	OAKLAND FEATHER RIVER	Arts & Crafts: Ceramic Painting Watercolor Painting Bead Jewelry	Arts & Crafts : Ceramic Painting Friendship Bracelets Leaf Printing	Arts & Crafts: Ceramic Painting Collaging Flip Books	Arts & Crafts : Ceramic Painting Nature Chimes Lanyards	Arts & Crafts: Ceramic Painting Pet Rocks Fairy Houses	Pack up
11:00-12:15		Sports & Games: Archery Basketball Games Foosball Tournament	Sports & Games: Archery Capture the Flag Water Games	Sports & Games: Archery Scavenger Hunt Volleyball	Sports & Games: Archery Kickball Tag Games	Sports & Games: Archery Improv Games Ultimate Frisbee	Say goodbye to your new friends
		Nature: Bird Hike	Nature: Meditation	Nature: Nature Poetry	Nature: Long Hike	Nature: Creek Stomping	Pick up crafts Visit the store
		Adult/Teen: Beadwork	Adult/Teen: Tin Punching	Adult/Teen: Journal Making	Adult/Teen: Sun Printing	Adult/Teen: Decoupage	
	Welcome to Camp!	Other: Spa Day	Other: Fort Building	Other: Paper Plane Contest	Other: Boat Building	Other: Camp Songs & Skits	
12:30-1:15	Check In between Lunch						
2:00-5:30	2 - 5 pm	Free Choice Family Time! Explore or relax on your own - swimming in our lifeguarded swimming hole, explore the Lost Sierra, visit the store, reading, art projects, and more! Drop in on some afternoon activity offerings as well!					
2:00-3:30		Waterfront Loteria Open Tot Lot Tie Dye	Waterfront Karaoke Open Tot Lot Tie Dye	Waterfront Trivia Open Tot Lot Tie Dye	Waterfront Disco Bingo Open Tot Lot Tie Dye	Waterfront Karaoke Open Tot Lot Tie Dye	See you next summer!
3:30-5:30	Waterfront	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	Waterfront Open Tot Lot Tie Dye	
6:00-6:45	Dinner						
7:15-8:30	Capture the Flag	Line Dancing	Field Games Evening Tot Lot	Ping Pong Tournament	Talent Show	Field Games Evening Tot Lot	
8:00-10:00	Games & Puzzles	Games & Puzzles	Games & Puzzles	Games & Puzzles	Games & Puzzles	Games & Puzzles	
	Quiet Hours: 10:30 pm - 7:30 am						

PLEASE NOTE THAT THIS IS JUST A SAMPLE SCHEDULE! ACTIVITY OFFERINGS CHANGE FROM WEEK TO WEEK.

We offer activities for every member of your family! These are grouped in the categories below.

Tot Lot: Time for our youngest campers, ages 2-5, to gather for special, age appropriate activities. **Arts & Crafts**: Get your hands dirty, learn a new skill, and create something beautiful. **Archery**: Take a deep breath, aim, and send that arrow flying towards the target. **Sports & Games**: Come together with your new friends, develop teamwork, and play a game.

Nature: Learn about the natural surroundings with hands on activities.

Adult/Teen: Activities designed intentionally for older campers, ages 13 and up.

Weekly Theme: In addition to the above activities, we also have amazing activities based on our weekly theme! Visit our website to learn more about our theme weeks.

Community Cocktail Party: Hosted twice each week by our Executive Director, connect with the other adults at camp and enjoy some adult beverages and treats.