

# A Typical Week at OFRC Family Camp

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
In addition to all of the fun camp activities to choose from below, themed programs are available during Theme Weeks!							
7:30		Gentle Yoga	Polar Bear Swim	Gentle Yoga	Polar Bear Swim	Gentle Yoga	Polar Bear Swim
8:30-9:15		Breakfast					
9:30-10:45		Tot Lot: Pipecleaner Aliens  Group Challenge  Around the Solar System  Scavenger Hunt  Crafts: Clay	Tot Lot: Fingerpainting  Archery  Galaxy Slime  Dance Aerobics  Crafts: Tie-Dye	Tot Lot: Moon Rock Painting  Archery  Friendship Bracelets  Parkour Planets  Crafts: Ceramics	Tot Lot: Nature Creatures  Solar System Walk  Archery  Spirit Squad  Crafts: Silk Painting	Tot Lot: Space Gear Making  What's the H2O Cycle?  Paper Plane Contest  Fort Building  Crafts: Basket Weaving	Tot Lot: Pipecleaner Aliens  Archery  Flashlight Constellation  Nebulas in a Jar  Crafts: Tie-Dye
11:00-12:15		Tot Lot: Pipecleaner Aliens  Archery  Oreo Moon Phases  Water Relay  Crafts: Clay	Tot Lot: Fingerpainting  Kickball  Fort Building  Build Your Own Cloud  Crafts: Tie-Dye	Tot Lot: Moon Rock Painting  Volcano Construction  Steal the Meteorite  International Dancing  Crafts: Ceramics	Tot Lot: Nature Creatures  Ultimate Planet Creation  Flashlight Constellation  Crafts: Silk Painting	Tot Lot: Space Gear Making  Friendship Bracelets  Parkour Aliens  Archery  Crafts: Basket Weaving	Tot Lot: Pipecleaner Aliens  Scavenger Hunt  Oreo Moon Phases  Space Trivia TicTacToe  Crafts: Tie-Dye
12:30-1:15		Lunch					
1:30-5:00		Free Choice Family Time (Explore or Relax on Your Own) Swimming, Tubing, Hiking, Biking, Visiting Town, Massage, Napping, Reading, Horseback Riding, Ice Cream from the Store, Art Projects, and More!					
6:00-6:45		Dinner					
6:45			Happy Hour/Meet and Greet	Ice Cream Social			
7:30-8:30		Family Trivia Night: Space Edition	Disco Bingo	Campfire with S'mores	Line Dancing	Ping-Pong Tournament	Talent Show
After Dark			Observations	Observations	Observations	Camp Out Under the Stars	Observations

\*Daily Activity Sign Up Sheets are available each day and activities meet at the Patio unless otherwise mentioned

\*Camp Out Under the Stars: Gather beneath the stars to enjoy some hot cocoa and hear stories about the sky above.

Please ensure that children under 14 are accompanied by an adult if they plan to spend the entire night under the stars.